

*This document has been created and produced by Allergan, an AbbVie company. These questions have been provided to help patients, carers or family members, identify questions that they can ask their HCP after a stroke and are provided as guidance only.*

## **SOME QUESTIONS YOU MAY HAVE FOR YOUR DOCTOR AFTER A STROKE**

Taking a few minutes before your next appointment to think about anything you, or the person you care for, would like to discuss with your doctor can help you to feel more prepared. To help you get started these are a few questions that you, or the person you care for, might like to ask. There is also blank space at the end for any other questions you might think of.

### **SIGNS, SYMPTOMS, RISK AND IMPACT OF POST-STROKE SPASTICITY**

- I have heard that I should look out for signs and symptoms of spasticity after a stroke, what is spasticity? Am I at risk of developing it?
- How common is it to develop spasticity?
- How do I know if I am developing spasticity?
- How severe is my spasticity?
- Is spasticity progressive, will it continue to worsen?

### **SPASTICITY DIAGNOSIS, MANAGEMENT AND THERAPEUTIC SUPPORT**

- I've heard spasticity can be managed, who is the best person to be referred to? Is there a certain specialist I should speak to?
- Can spasticity be reversed, or just go away?
- Is there anything else I can do, take or try that will improve my spasticity e.g. physiotherapy, occupational therapy?

### **OTHER QUESTIONS YOU MAY HAVE**